

**BIOLOGICAL ACTIVITY OF EXTRACTS AND ESSENTIAL OILS OF TWO  
ERYNGIUM (APIACEAE) SPECIES FROM THE BALKAN PENINSULA**

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The present study describes antioxidant and antimicrobial activity of water, methanol, acetone and ethyl acetate extracts from *Eryngium maritimum* L. from Greece and *Eryngium serbicum* Pančić, growing wild in Serbia. Also, antimicrobial activity of essential oils from aerial parts was analysed. Spectrophotometric methods were used for measuring of total phenols, total flavonoids, as well as for antioxidant potential, using DPPH and ABTS methods. The total phenolic content in the extracts was determined using Folin-Ciocalteu reagent and their amounts ranged between 7.47 and 121.35 mg GAE/g. The concentrations of flavonoids in the extracts varied from 8.98 to 48.68 mg QU/g. Antioxidant activity ranged from 1.247 to 31.19 IC<sub>50</sub> (mg/ml) and from 0.109 to 3.36 mg AA/g when tested with the DPPH and ABTS reagents, respectively. The antimicrobial activity of the extracts and essential oils was investigated using a micro well-dilution assay against the most common human gastrointestinal pathogenic bacterial strains. The most resistant bacterium was *Srteptococcus pyogenes*, while *Staphylococcus aureus* showed high sensitivity in presence of all tested extracts except on water extract of *E. maritimum*. Essential oil of *E. serbicum* showed better antimicrobial activity than *E. maritimum* oil. This finding suggests that investigated *Eryngium* species may be considered as a natural source of antioxidant and antimicrobial agents.

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**Key words:** *Eryngium maritimum*, *E. serbicum*, extracts, essential oils, antioxidant, antimicrobial activity

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## Introduction

The genus *Eryngium*, belonging to the sub-family Saniculoideae of the Apiaceae family, is represented by 317 accepted taxa worldwide, known by their high content of acetylenes, flavonoids, coumarins and triterpene saponins (1). Among them, several *Eryngium* species have been used as ornamental plants, condiments (2) or in traditional medicine (3, 4).

*Eryngium maritimum* L. (sea holly) is a perennial plant (30–60 cm high) with mauve flowers growing wild on the sandy beaches of West Europe, Mediterranean basin and Black Sea (5). Young roots and shoots of *E. maritimum* are eaten as a vegetable and young leaves are consumed as a salad in northern Europe and Greece. Candied roots of *E. maritimum*, have been valued as an aphrodisiac tonic especially in England (6). *E. maritimum* have also been reported to exhibit different therapeutic uses in folk medicine as diuretic or hypoglycemic (7). *E. maritimum* was in the past a widely used medicinal herb and in modern phytotherapy it is considered a remedy in renal disorders (3, 8). The main secondary metabolites isolated from *E. maritimum* extracts were glycosides of kaempferol, isoquercetin and astragalol (9).

*Eryngium serbicum* Pančić is a perennial plant growing to a height of 40–75 cm. This species is distributed in Serbia and considered a regional endemic (10, 11).

In this work the antioxidant activity of four different extracts for *E. maritimum* and *E. serbicum* is reported. Also, we compared antimicrobial effect of essential oils and extracts from aerial parts of this species. To our knowledge, the comparative biological effect of this two species has not been previously reported.

## Material and methods

### Chemicals

Organic solvents were purchased from "Zorka pharma" Šabac, Serbia. Gallic acid, 3-tert-butyl-4-hydroxyanisole (BHA) and 2,2-diphenyl-1-picrylhydrazyl (DPPH) were obtained from Sigma Chemicals Co., St Louis, MO, USA. Folin-Ciocalteu phenol reagent was purchased from Merck, Darmstadt, Germany. Sodium carbonate anhydrous ( $\text{Na}_2\text{CO}_3$ ), potassium acetate ( $\text{C}_2\text{H}_3\text{KO}_2$ ), potassium peroxodisulphate ( $\text{K}_2\text{O}_8\text{S}_2$ ) and L(+)-Ascorbic acid (Vitamin C) were purchased from AnalaR Normapur, VWR, Geldenaaksebaan, Leuven Belgium. Aluminium nitrate nonahydrate ( $\text{Al}(\text{NO}_3)_3 \cdot 9\text{H}_2\text{O}$ ) was purchased from Fluka Chemie AG, Buchs, Switzerland. ABTS (2,2'-azino-bis(3-ethylbenzothiazoline-6-sulphonic acid)) and quercetin hydrate were obtained from TCI Europe NV,

Boerenveldsweg, Belgium. All other solvents and chemicals were of analytical grade.

### Plant material

Aerial parts from wild growing species of *E. maritimum* (Glyfada, Corfu - Greece) and *E. serbicum* (coast of the Ibar river - Serbia) were collected in July 2015. A voucher specimen (10876, 10877) was deposited in the "Herbarium Moesiacum Niš", University of Niš.

### Preparation of plant extracts

Plant material was air dried in the dark and ground to powder. The aerial plants parts (10 g) were extracted with 100 ml water ( $\text{H}_2\text{O}$ ), methanol (MeOH), acetone (Acet) or ethyl acetate (EtOAc).

**Table 1.** The extracts yield for investigated *Eryngium* species

Yield of extract (% , mg per g)	H <sub>2</sub> O	MeOH	Acet	EtoAc
<i>E. maritimum</i>	0.945	0.958	0.336	0.382
<i>E. serbicum</i>	0.993	1.043	0.275	0.186

The mixture was exposed to ultrasound bath for 30 min and after 24 h standing in the dark was filtered. MeOH, EtOAc and Acet solvents were removed by evaporation under the reduced pressure, at maximum temperature of 40°C.  $\text{H}_2\text{O}$  extract was frozen and later dried by freeze-drying. After evaporation of the solvent the crude extract was subjected to subsequent analysis. Extracts concentration was 2 mg/ml. The extracts yields for *E. maritimum* and *E. serbicum* are presented in Table 1.

### Essential oils isolation

Essential oils were obtained separately by hydro-distillation for 3 h, using a Clevengertype apparatus, from 470 g of dried aerial parts of *E. Maritimum* and *E. serbicum*. Anhydrous sodium sulfate was used for desiccation of oils. Oils were stored at temperature of 4°C. The yield of essential oils calculated from dried plant material was 0.094% and 0.091%, respectively.

### Determination of total phenolic content

The total phenolic content of extracts was determined spectrophotometrically by Folin-Ciocalteu method according to slightly modified procedure of Singleton et al. (1999) (12). Briefly, 300  $\mu\text{l}$  of extracts solution and 1500  $\mu\text{l}$  of 1:10 Folin-Ciocalteu reagent were mixed and after 6 minutes in the dark 1200  $\mu\text{l}$  of sodium carbonate (7.5%) was added.

After 2 h of incubation in the dark at room temperature, the absorbance at 740 nm was measured. The total phenolic concentration was calculated from a gallic acid (GAE) calibration curve (10-100 mg/g).

### Determination of flavonoid content

The total flavonoid content was evaluated using aluminium nitrate nonahydrate according to the procedure reported by Woisky and Salatino (1998) with some modifications (13). The sample for determination was prepared by mixing a 600  $\mu\text{l}$  of extracts solution and 2580  $\mu\text{l}$  of mixture (80%  $\text{C}_2\text{H}_5\text{OH}$ , 10%  $\text{Al}(\text{NO}_3)_3 \cdot 9\text{H}_2\text{O}$  and 1M  $\text{C}_2\text{H}_3\text{KO}_2$ ). After 40 min of incubation at room temperature, the absorbance at 415 nm was measured. The total flavonoid concentration in extracts was calculated from a quercetin hydrate (Qu) calibration curve (10-100 mg/g).

### Evaluation of DPPH scavenging activity

The antioxidant activity of extracts was evaluated by means of the 2,2-diphenyl-1-picrylhydrazyl (DPPH) radical scavenging method. This spectrophotometer assay uses stable radical DPPH as reagent (14).

Absorbance of remaining DPPH radical was measured on 517 nm after that time ( $A_1$ ) on Shimadzu, UV-Visible PC 1650 spectrophotometer. Every concentration was done in triplicate and the same was done with Vitamin C and BHA, known antioxi-

dants. Blank probes were done in the same way using MeOH instead of investigated solution ( $A_0$ ). The decrease of absorption of DPPH solution is calculated by equation:

$$\text{Percentage of absorption decrease (on 517 nm)} = (A_0 - A_1) \times 100 / A_0$$

Concentrations which decrease absorption of DPPH solution for 50% ( $IC_{50}$ ) were obtained from the curve dependence of absorption of DPPH solution on 517 nm from concentration for each compound and standard antioxidant.

#### *Evaluation of ABTS radical scavenging activity*

For ABTS radical-scavenging activity, the procedure followed the method of Miller and Rice-Evans (1997) with some modifications (15). The ABTS<sup>+</sup> solution was prepared by mixing 19.2 mg of ABTS with 5 ml of potassium persulfate (2.46 mM). The solution was held at room temperature in the dark for 12-16 h before use. The ABTS<sup>+</sup> solution (1 ml) was diluted with 100-110 ml H<sub>2</sub>O, in order to obtain an absorbance  $0.7 \pm 0.02$  at 734 nm. Fresh ABTS<sup>+</sup> solution was prepared for each analysis. Antioxidant or standard solutions, 75  $\mu$ l, were mixed with 3 ml of diluted ABTS<sup>+</sup> solution and incubated at 30°C for 30'. The absorbance at 734 nm was measured. ABTS radical scavenging activity in different extracts was calculated from the Ascorbic acid calibration curve (0-2 mg/g).

#### *Antimicrobial activity Microbial cultures*

The antimicrobial activity of the investigated samples was evaluated using laboratory control strains obtained from the American Type Culture Collection: Gram (-) bacteria - *Escherichia coli* ATCC 8739, *Pseudomonas aeruginosa* ATCC 9027, *Klebsiella pneumoniae* ATCC 10031, *Proteus mirabilis* ATCC 12453; Gram (+) bacteria: *Streptococcus pyogenes* ATCC 19615, *Enterococcus faecalis* ATCC 19433, *Staphylococcus aureus* ATCC 6538, *Staphylococcus epidermidis* ATCC 12228 and yeast *Candida albicans* ATCC 24433. Bacterial strains were maintained on Nutrient Agar (NA) at 37 °C and yeast on Sabouraud Dextrose Agar (SDA) at 30 °C at the Microbiology Laboratory (Department of Biology, Faculty of Science and Mathematics, University of Niš).

#### *Micro-well Dilution Assay*

Antimicrobial activity was evaluated using a broth microdilution method (16). Overnight cultures (18 h) were used for making cell suspensions standardized to 0.5 McFarland turbidity, as measured on McFarland Densitometer (DEN-1, Biosan). Dimethyl sulfoxide (100%) was used for making stock solutions of the prepared plant extracts and essential oils. The solutions of the extracts were further diluted with sterile distilled H<sub>2</sub>O (dilution factor 10) in order to achieve 10% solution of the solvent, confirmed by preliminary experiments as non-harmful to the test microorganisms. These solutions were further

serially diluted (the diluting factor 2) with sterile PBS in the concentration range 0.001-30 mg/ml. Temperature of incubation was 37 °C and period of inoculation was 24 h. Controls included chloramphenicol and nystatin as the positive controls, while wells without inoculum and test substance represented the negative control, including test sterility of the medium. Visual reading of the bacterial growth was performed after the addition of triphenyltetrazolium chloride (TTC, 0.5%) aqueous solution. The lowest concentration of the test compound that inhibited growth was represented by red colored medium in the wells and considered the minimal inhibitory concentration (MIC). All experiments were done in triplicate.

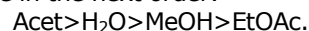
#### **Statistical analysis**

All values were done in triplicate and presented as average of those values  $\pm$  standard deviation. These results were calculated by using Microsoft Excel 2007<sup>®</sup>. The  $IC_{50}$  values obtained in the antioxidant assays were determined by regression equation, including the concentration of samples and the scavenging effect. Software used for analyzing the results was OriginPro 8.0. The results were also analyzed using one-way analysis of variance (ANOVA) followed by Tukey's HSD test ( $p \leq 0.05$ ). This analysis was carried out using the Minitab<sup>®</sup>17 software.

#### **Results**

##### *Total phenolic content*

The results of the total phenolic content determination of the examined plant extracts are presented in Table 2. The content of total phenols in different extracts, expressed as gallic acid equivalents (GAE), ranged between 7.47 to 121.35 mg GAE/g. The highest phenolic content was found in Acet extract and the lowest in EtOAc for both species. The values for *E. maritimum* and *E. Serbicum* extracts were in the next order:



##### *Flavonoid concentrations*

The summary of quantities of flavonoids identified in the tested extracts is shown in Table 2. The concentration of flavonoids in H<sub>2</sub>O, MeOH, Acet and EtOAc extracts of aerial parts *E. maritimum* and *E. serbicum* were determined using spectrophotometric method with aluminium nitrate nonahydrate. The content of flavonoids was expressed in terms of quercetin hydrate equivalents. The concentrations of flavonoids in plant extracts ranged from 8.98 to 48.68 mg Qu/g. The highest flavonoid content was identified in Acet extracts for both species. The lowest content for *E. maritimum* was identified in MeOH extracts, while the lowest content for *E. serbicum* was in H<sub>2</sub>O extract.

### DPPH scavenging activity

DPPH is a very stable free radical. The effect of an antioxidant on DPPH radical scavenging is due to their hydrogen donating ability or radical scavenging activity. When a solution of DPPH is mixed with that of a substance that can donate a hydrogen atom, then this gives rise to the reduced form diphenylpicrylhydrazine with the loss of its violet color (17).

Free radical scavenging capacities of the tested extracts were measured by DPPH assay and results are shown in Table 2. According to the results obtained, different extracts were found active with IC<sub>50</sub> value for extracts between 1.247 to 31.19 mg/ml of solution. IC<sub>50</sub> values of the synthetic anti-

oxidant BHA 0.093 mg/ml and ascorbic acid 0.054 mg/ml were determined in parallel experiments. A lower IC<sub>50</sub> value indicates higher antioxidant activity. H<sub>2</sub>O extract of aerial parts from *E. maritimum* and *E. serbicum* possessed the strongest antioxidant activity compared to others. For both species, EtOAc extracts showed the lowest activity.

### ABTS scavenging activity

The results from the ABTS assay are shown in Table 2. The amount ranged from 0.109 to 3.36 mg AA/g. The higher ABTS values present the stronger antioxidant activity. The highest content was identified in H<sub>2</sub>O extract and the lowest in EtOAc extract for both species.

**Table 2.** Comparative analysis of TPC, TFC, ABTS and DPPH tests between extracts from two *Eryngium* species

Antioxidant activity	TPC (mg GAE/g)	TFC (mg Qu/g)	ABTS (mg AA/g)	DPPH IC <sub>50</sub> (mg/ml)
<i>E. maritimum</i> (H <sub>2</sub> O)	50.82±0.008 <sup>d</sup>	9.11±0.004 <sup>e</sup>	1.84±0.023 <sup>c</sup>	2.82±0.033 <sup>e</sup>
<i>E. maritimum</i> (MeOH)	49.01±0.016 <sup>d</sup>	8.98±0.007 <sup>e</sup>	1.058±0.026 <sup>b</sup>	4.82±0.012 <sup>d</sup>
<i>E. maritimum</i> (Acet)	77.08±0.138 <sup>bc</sup>	48.68±0.026 <sup>a</sup>	0.769±0.045 <sup>b</sup>	12.52±0.033 <sup>b</sup>
<i>E. maritimum</i> (EtOAc)	7.47±0.005 <sup>f</sup>	17.55±0.014 <sup>d</sup>	0.109±0.003 <sup>a</sup>	31.19±0.051 <sup>a</sup>
<i>E. serbicum</i> (H <sub>2</sub> O)	90.1±0.004 <sup>b</sup>	17.49±0.004 <sup>d</sup>	3.36±0.007 <sup>e</sup>	1.247±0.005 <sup>b</sup>
<i>E. serbicum</i> (MeOH)	71.41±0.005 <sup>c</sup>	18.08±0.002 <sup>d</sup>	2.34±0.023 <sup>d</sup>	2.062±0.023 <sup>f</sup>
<i>E. serbicum</i> (Acet)	121.35±0.01 <sup>a</sup>	37.18±0.001 <sup>b</sup>	2.44±0.011 <sup>d</sup>	1.838±0.013 <sup>g</sup>
<i>E. serbicum</i> (EtOAc)	23.056±0.003 <sup>e</sup>	28.964±0.003 <sup>c</sup>	0.544±0.006 <sup>e</sup>	10.376±0.03 <sup>c</sup>
BHA	63.31±0.001	/	2.66±0.005	0.093±0.018
Ascorbic Acid	40.91±0.002	/	/	0.054±0.002

Each value in the table was obtained by calculating the average of three analyses ± standard deviation. Different letters above bars indicate statistically significant differences only among the treatments performed for each assay according to the Tukey test (p ≤ 0.05)

### Antimicrobial activity

Results obtained for the extract's antimicrobial activity are presented in Table 3. Two antimicrobial commercial agents, namely Chloramphenicol (antibacterial) and Nystatin (antifungal) were used as references for comparison of the investigated extract's activities. Essential oils of the two *Eryngium* species showed activity at concentrations ranging from <0.001-15 mg/ml, while the solvent extract's activities ranged from 0.15-30 mg/ml. In the case of the two essential oils, the one isolated from *E. serbicum* plant material showed significantly higher antimicrobial potential (inhibition from < 0.001-> 2.5 mg/ml) in comparison to the oil isolated from *E. maritimum* (3.75-15 mg/ml). The mentioned essential oil showed very intensive inhibitory activity, exhibited against all tested microbial strains with the exception of *S. pyogenes*. This activity was especially signif-

icant against the two Gram negative human pathogenic bacteria (*K. pneumoniae* and *P. mirabilis*), where it was determined that inhibitory action can be achieved even at concentrations lower than 1 µg/ml, which is close to the activity of chloramphenicol (0.39 µg/ml). On the other hand, *E. Maritimum* essential oil showed moderate antimicrobial potential, where the two species (*K. pneumoniae* and *P. mirabilis*) especially sensitive to the action of the previous oil, as well as *S. pyogenes* demonstrated resistance to the highest tested concentration of this oil.

From the results obtained for the tested solvent extracts, once again, it is clearly visible that *E. serbicum* extracts possessed much higher antimicrobial potential. In the case of *E. maritimum* extracts, the highest activity has been demonstrated by Acet extract, followed by EtOAc and MeOH extracts, while H<sub>2</sub>O extract showed no activity against any of the

**Table 3.** Comparative antimicrobial activity of extracts and essential oils from two *Eryngium* species

Antimicrobial activity (mg/ml)	<i>S. aureus</i>	<i>S. pyogenes</i>	<i>E. faecalis</i>	<i>S. epidermidis</i>	<i>E. coli</i>	<i>K. pneumoniae</i>	<i>P. mirabilis</i>	<i>P. aeruginosa</i>	<i>C. albicans</i>
<i>E. maritimum</i> (H <sub>2</sub> O)	/	/	/	/	/	/	/	/	/
<i>E. maritimum</i> (MeOH)	7.5	/	30	/	/	/	/	30	30
<i>E. maritimum</i> (Acet)	7.5	/	15	3.75	15	/	/	15	7.5
<i>E. maritimum</i> (EtOAc)	10	/	10	1.25	/	/	/	/	5
<i>E. serbicum</i> (H <sub>2</sub> O)	10	>10	2.5	2.5	>10	5	>10	10	>10
<i>E. serbicum</i> (MeOH)	1.25	1.25	0.31	1.25	0.15	1.25	0.62	2.5	0.31
<i>E. serbicum</i> (Acet)	2.5	>2.5	>2.5	2.5	0.31	2.5	0.31	>2.5	0.25
<i>E. serbicum</i> (EtOAc)	2.5	>2.5	>2.5	2.5	1.25	>2	1.25	>2.5	>2.5
<i>E. maritimum</i> (Essential oil)	7.5	/	15	3.75	15	/	/	15	15
<i>E. serbicum</i> (Essential oil)	0.01	>2.5	0.015	1.25	0.62	<0.001	<0.001	0.62	0.31
Chloramphenicol (µg/ml)	0.39	0.19	0.39	0.19	0.78	0.39	0.39	0.39	/
Nystatin (µg/ml)	/	/	/	/	/	/	/	/	0.09

tested strains. On the other hand, H<sub>2</sub>O extract of *E. serbicum* showed limited activity, against five out of nine panel strains. EtOAc extract exhibited activity against only four strains, but at lower concentrations (1.25-2.5 mg/ml), which was similar to the activity of Acet extract (6 sensitive strains, MIC = 0.31-2.5 mg/ml). Among the tested extracts of this species, the MeOH one showed the highest potential, where all strains showed sensitivity to its action at concentrations 0.15-2.5 mg/ml.

## Discussion

Comparative biological study for *E. maritimum* and endemic *E. serbicum* is largely unknown. Different solvents such as H<sub>2</sub>O, MeOH, Acet, EtOAc, (ranged from higher polarity to lower polarity) extracts were used for the study of antioxidant activity. Various solvents were used to achieve extraction of active substances with diversity in their polarity. For extraction, the solvent is chosen as a function of the type of required phenol or flavonoid. According to given results, H<sub>2</sub>O extract showed high antioxidant activity while EtOAc extract possessed the lowest antioxidant activity (DPPH, ABTS assays). In comparison of the species, *E. serbicum* possessed higher percentage of total phenol and flavonoid content and equivalently to those results this species have better antioxidative activity.

In a recent study, Tunisian *E. maritimum* leaf extracts displayed the strongest H<sub>2</sub>O<sub>2</sub> scavenging ac-

tivity (IC<sub>50</sub> = 76.83 µg/mL) and the highest DPPH scavenging activity value (IC<sub>50</sub> = 47.87 µg/mL) compared to other extracts. Good relationships were observed between antioxidant activities and the total phenolic and flavonoid contents. Nine bioactive compounds were detected in *E. maritimum* extracts: six phenolic acids (gallic acid, catechin, chlorogenic acid, vanillic acid, caffeic acid and cinnamic acid) and three flavonoids (rutin, quercetin and luteolin) (18). In our study, IC<sub>50</sub> value for all *E. maritimum* extracts was lower, indicating better antioxidative activity. Radical scavenging activity of *E. maritimum* MeOH extract revealing IC<sub>50</sub> = 0.28 mg/ml in the ABTS assay was earlier investigated as well (19).

In previous studies (20), Germacrene-D and three uncommon oxygenated sesquiterpenes: 4βH-cadin-9-en-15-al, 4βH-cadin-9-en-15-ol and 4βH-muurool-9-en-15-al were reported as major component of *E. maritimum* essential oil from Corsica. The main constituents of the *E. serbicum* essential oil from Serbia were germacrene D, β-elemene and spathulenol (21). Dominant compounds in essential oils have significant part in biological activity.

Previous studies demonstrated that extracts from leaves and roots of *Eryngium* species (*E. planum*, *E. campestre* and *E. maritimum*) showed antibacterial and antifungal activity, especially against dermatophytes (22, 23).

Ethanol extracts of *E. planum*, *E. campestre* and *E. maritimum* leaves acted inhibitory in range MIC=0.4-1.9 mg/ml on *S. aureus* strain (23). Ethanol extract of the *E. maritimum* against the same

bacterium exhibited inhibition of growth at 0.7 mg/ml, while the same study reported activity of same extract against *C. albicans* at 1.3 mg/ml. In the present investigation, it has been determined that the extracts showing antimicrobial potential had much lower potential than the ethanol one in the mentioned study. Investigation of Meot-Duros et al. (2008) investigated antimicrobial potential of chloroform (non-polar) and MeOH (polar) extracts of *E. Maritimum* (19). The results showed much higher activity than those obtained here, where polar fraction (MeOH extract) showed activity only against *P. aeruginosa* at only 1 µg/ml. In the same study, chloroform extract inhibited *S. aureus* at 10 µg/ml, while it was active at 2 µg/ml against *P. aeruginosa* and considering remaining strains mostly at 100 µg/ml. Such low active concentrations can be explained by much lower inoculum size added into the test wells of the microtitre plate in the mentioned study, which was 10 000 times lower than our ( $10^2$  and  $10^6$ , respectively). In another study, MeOH extract, Acet extract, EtOAc fraction and butanol fraction extracted from *E. maritimum* were investigated for antimicrobial activity. The results showed that all of them were active against *Listeria monocytogenes*, *Escherichia coli*, *Staphylococcus aureus* and *Bacillus cereus*, while MeOH and butanol extract were the only active against *Pseudomonas aeruginosa* (24). Due to the different methods of antimicrobial activity determination (disc diffusion method), concentrations cannot be compared between this and the present investigation.

There is no clear selectivity considering cell wall structure of the treated microorganisms (bacteria/fungi; Gram-positive/Gram negative). Among the tested microorganisms, the most resistant was *S. pyogenes*, followed by *K. pneumoniae* and *P. mirabilis*, while *S. aureus* showed the highest sensitivity by being resistant only to the action of the H<sub>2</sub>O *E. maritimum* extract.

## Conclusion

All extracts evaluated from *E. maritimum* and *E. serbicum* could be used as protective against oxidative stress based on conducted DPPH and ABTS assays. Essential oil isolated from *E. serbicum* possesses strong antimicrobial activity. Also, all type of extracts inhibited the growth of tested microorganisms. Polyphenolic compound is responsible for the antioxidant and antimicrobial activity. Regular consumption of secondary metabolites isolated from this two species may provide positive consequences for human health.

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## Originalni rad

UDC: 615.322:582.794.1  
doi:10.5633/amm.2019.0304**BIOLOŠKA AKTIVNOST EKSTRAKATA I ETARSKIH ULJA DVE VRSTE  
RODA *ERYNGIUM* (*APIACEAE*) SA BALKANSKOG POLUOSTRVA**Jelena S. Matejić<sup>1</sup>, Zorica Z. Stojanović-Radić<sup>2</sup>, Zoran Dj. Krivošej<sup>3</sup>, Bojan K. Zlatković<sup>2</sup>,  
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U ovoj studiji opisana je antioksidativna i antimikrobna aktivnost vodenih, metanolnih, acetonskih i etil-acetatnih ekstrakata dobijenih od vrsta *Eryngium maritimum* L. iz Grčke i *Eryngium serbicum* Pančić, samonikle u Srbiji. Takođe, analizirana je antimikrobna aktivnost etarskih ulja izolovanih iz nadzemnih delova ovih vrsta. Spektrofotometrijske metode korišćene su za merenje koncentracije ukupnih fenola, flavonoida, kao i za određivanje antioksidativnog potencijala uzoraka upotrebom DPPH i ABTS metoda. Ukupna količina fenola u ekstraktima određena je korišćenjem Folin-Ciocalteu reagensa, a vrednosti su se kretale u opsegu od 7,47 mg GAE/g do 121,35 mg GAE/g. Koncentracija flavonoida u ekstraktima je bila od 8,98 mg GAE/g do 48,68 mg QU/g. Antioksidativna aktivnost kretala se u opsegu od 1,247 IC<sub>50</sub> do 31,19 IC<sub>50</sub> (mg/ml) i od 0,109 mg VitC/g do 3,36 mg VitC/g za DPPH test i ABTS test. Antimikrobna aktivnost ekstrakta i etarskih ulja ispitivana je pomoću mikrodilucione metode na patogene gastrointestinalnog trakta. Najotpornija bakterija bila je *Streptococcus pyogenes*, dok je vrsta *Staphylococcus aureus* pokazala visoku osetljivost na prisustvo svih testiranih ekstrakata osim u slučaju vodenog ekstrakta *E. maritimum*. Etarsko ulje vrste *E. serbicum* pokazalo je bolju antimikrobnu aktivnost u odnosu na ulje izolovano iz vrste *E. Maritimum*.

Na osnovu dobijenih rezultata može se zaključiti da vrste roda *Eryngium* mogu biti potencijalni prirodni izvori antioksidativnih i antimikrobnih agenasa.

*Acta Medica Medianae* 2019;58(3):24-31.**Ključne reči:** *Eryngium maritimum*, *E. serbicum*, ekstrakti, etarska ulja, antioksidativna i antimikrobna aktivnost